

Outdoor PE Sequence of Learning – Why this, Why now?

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Reception Unit Of Work	Introduction To PE Unit 2	Introduction To PE Unit 1	Ball Skills Unit 1	Ball Skills Unit 2	Games Unit 2	Fundamentals Unit 2
Aspect of PE	<i>Basic Movements</i>	<i>Basic Movements</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Basic Movements</i>
Reception Vocabulary	safe move instructions equipment cooperation	safe move instructions equipment cooperation	roll kick throw bounce dribble	track target throw dribble kick	catch throw speed opponent teamwork	risks safety speed direction initiate
Year 1 Unit Of Work	Fundamentals	Team Building	Ball Skills	Invasion Games	Sending & Receiving	Striking & Fielding
Aspect of PE	<i>Basic Movements</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>
Year 1 Vocabulary	control balance direction stability speed dodge	instructions co-operate communicate teamwork skill solve	roll aim target control dribble kick	possession dodge goal pass defender support	send receive aim eye contact throw catch	target opposition track underarm overarm striking

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Year 2 Unit Of Work	Fundamentals	Team Building	Ball Skills	Invasion Games	Sending & Receiving	Striking & Fielding
Aspect of PE	<i>Basic Movements</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>	<i>Team Games</i>
Year 2 Vocabulary	control balance direction stability speed dodge	instructions co-operate communicate teamwork skill solve	aim target control throw catch dribble	possession dodge goal pass defender support	send receive aim eye contact throw catch	retrieve bowl striking batter bowler fielder
Year 3 Unit Of Work	Basketball	Hockey	Ball Skills YR 3/4	Tennis	Athletics	OAA
Aspect of PE	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Athletics</i>	<i>Outdoor & Adventurous</i>
Year 3 Vocabulary	dribble attack protective opponent bounce pass chest pass jump stop pivot	dribble send pass open stick push pass reverse stick defender open stick tackle	aim target control throw catch dribble	racket forearm backhand groundstroke return rally serve stroke	technique personal best relay changeover fluency approach take off position	cooperation teamwork communication trust instructions planning problem solving goal

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Year 4 Unit Of Work	Netball	Tag Rugby	Football	OAA	Athletics	Cricket
Aspect of PE	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Outdoor & Adventurous</i>	<i>Athletics</i>	<i>Competitive Games</i>
Year 4 Vocabulary	throw catch footwork goal pass move defender shoot	tag forward pass off side attack defender dodge space off load	pressure pass move inside hook outside hook direction jockey opponent	cooperation communication trust instructions planning problem solving orientate navigate	stamina pace power technique sprint relay vertical pull throw	retrieve bowl striking batter bowler fielder tactics technique
Year 5 Unit Of Work	Basketball	Hockey	Tag Rugby	Tennis	Athletics	OAA
Aspect of PE	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Athletics</i>	<i>Outdoor & Adventurous</i>
Year 5 Vocabulary	protective opponent bounce pass chest pass set shot jump shot double dribble travelling	pass open stick push pass reverse stick defender open stick tackle jab tackle possession	tag forward pass off side attack defender dodge space off load	racket forearm backhand groundstroke return rally serve stroke	varying relay changeover consistency triple jump force officiate perform	safety awareness suggestion teamwork cooperation tactics problem solving navigate

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Year 6 Unit Of Work	Netball	Tag Rugby	Football	Cross Country	Athletics	Cricket
Aspect of PE	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Competitive Games</i>	<i>Outdoor & Adventurous</i>	<i>Athletics</i>	<i>Competitive Games</i>
Year 6 Vocabulary	throw catch footwork goal pass move defender shoot	tag forward pass off side attack defender dodge space off load	pressure pass move inside hook outside hook direction jockey opponent	distance stamina pace count challenge personal best compare performance	consistency triple jump force officiate steady pace measuring timing recording	retrieve bowl striking batter bowler fielder tactics technique