

Aspects of PE

Gymnastics

Reception	I can link movements, selecting actions in response to the task and equipment. I can use a range of large and small apparatus safely and appropriately. I can demonstrate control with movement skills
Year 1	I can link actions to create a sequence. I can move my body into different shapes and positions both when static and moving (eg star) I can make my body tense, curled and relaxed when instructed.
Year 2	I can link actions to create a sequence. I can demonstrate different levels and direction I can perform routines on and off equipment
Year 3	I can show control when completing balance movements I can complete partner sequences I can roll with control on / away from apparatus
Year 4	I can show control when completing balance movements on equipment I can complete partner sequences with levels, shapes and equipment I can jump in a range of ways under control
Year 5	I can canon and sync with a partner. I can match and mirror on the floor and on equipment I can create a partner sequence using apparatus
Year 6	I can develop jumps at different heights and from different apparatus I can create a group sequence using formations and apparatus. I can use flight from hands to travel over apparatus.

Aspects of PE
Gymnastics